

CB-BK WE1 2026: Session: 4: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dekker Tamiko HEADCOACH

Coaches: Faes Sandra

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M MEDLEY MEN 13-14 Heat:5, starttime: 14:43

Heat: 5/17 Lane : 4 Athlete: THIJSBAERT NIO Q-time: 02:45:71

PB (50m pool): 02:45.71 Antwerpen 08/03/2026 PB (25m pool): 02:47.73 SB: 02:45.71 Antwerpen 08/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.51	01:15.06	02:05.65	02:45.71	
	00:33.51	00:41.55	00:50.59	00:40.06	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 13-14 Heat:6, starttime: 14:47

Heat: 6/17 Lane : 4 Athlete: SEYMUS AXEL Q-time: 02:44:27

PB (50m pool): no time PB (25m pool): no time SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 13-14 Heat:16, starttime: 15:18

Heat: 16/17 Lane : 4 Athlete: VERDONCK STAN Q-time: 02:27:60

PB (50m pool): 02:45.22 Antwerpen 20/07/2025 PB (25m pool): 02:27.60 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.95	01:20.07	02:07.72	02:45.22	
	00:35.95	00:44.12	00:47.65	00:37.50	
					

Coach feedback:

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Event number: 26: 100M FREESTYLE MEN 11-12							Heat:6, starttime: 15:41		
Heat: 6/14 Lane : 6 Athlete: CAMBRé ARTHUR							Q-time: 01:13:55		
PB (50m pool): 01:13.55 Antwerpen 15/03/2026							PB (25m pool): 01:13.73SB: 01:13.55 Antwerpen 15/03/2026		
	5 0 M		1 0 0 M						
PB	00:34.86		01:13.55						
	00:34.86		00:38.69						
									

Coach feedback:

Event number: 27: 400M FREESTYLE WOMEN 11-12							Heat:14, starttime: 17:16	
Heat: 14/15 Lane : 5 Athlete: NEUVILLE AXELLE							Q-time: 05:09:05	
PB (50m pool): 05:54.39 Antwerpen 20/07/2025				PB (25m pool): 05:09.05 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:39.27	01:25.66	02:12.40	02:59.05	03:44.54	04:29.64	05:12.63	05:54.39
	00:39.27	00:46.39	00:46.74	00:46.65	00:45.49	00:45.10	00:42.99	00:41.76
								

Coach feedback:

Event number: 27: 400M FREESTYLE WOMEN 11-12							Heat:14, starttime: 17:16	
Heat: 14/15 Lane : 6 Athlete: LAUREYSENS JUTTA							Q-time: 05:10:62	
PB (50m pool): 06:11.67 Antwerp 26/01/2025				PB (25m pool): 05:10.62 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.24	01:22.03	02:09.12	02:54.90	03:41.01	04:27.81	05:23.07	06:11.67
	00:36.24	00:45.79	00:47.09	00:45.78	00:46.11	00:46.80	00:55.26	00:48.60
								

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14							Heat:3, starttime: 17:31	
Heat: 3/8 Lane : 1 Athlete: SEYMUS AXEL						Q-time: 01:03:83		
PB (50m pool): no time				PB (25m pool): no time SB: no time				
	5 0 M		1 0 0 M					
PB	no time		no time					
	no time							
								

Coach feedback:

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Event number: 30: 4x100M FREESTYLE WOMEN 11-12							Heat:3, starttime: 18:25	
Heat: 3/3 Lane : 2 Athlete: TEAM ZN 1							Q-time: 04:42:90	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: